OFFICE OF CATHOLIC SCHOOLS DIOCESE OF CHARLESTON QUICK REFERENCE EMERGENCY PLAN

Part A of Diabetes Medical Management Plan HYPOGLYCEMIA

(Low Blood Sugar)

		`	See reverse for	Ϊ΄			
Student Name Mother/Guardian			Part B and signatures School		Teacher	Teacher/grade	
			Father/Guardian				
Home phone W	ork phone	Cell		Home phone	<u> </u>	Work phone	Cell
Trained Diabetes Personnel NEVER SE		WITH SUSPI	ECTED LOW I	Contact Nur BLOOD SU		YWHERE ALONE.	
	• 1 • 1 • 1	Hypoglycemia Too much insulin Missed food Delayed food Too much or too intense exercise Unscheduled exercise		Onset • Sudde			
			Symptoms				
 Weakness Personality change Paleness Inability to concentrate Anxiety Irritability Dizziness Personality change Inability to concentrate Poo coo 			• Weakness • Slurred Speech • Confusion • Other dent's usual symptoms. Actions needed		• Seizu • Inabil	Severe • Loss of consciousness • Seizure • Inability to swallow Circle student's usual symptoms.	
per D	iabetes Medical M	anagement Plan	. When in doubt,	always TREAT	FOR HYP	POGLYCEMIA	
Mild • Student may/may not treat se • Provide quick-sugar source. 3-4 glucose tablets or 4 oz. juice or 6 oz. regular soda or 3 teaspoons of gluco • Wait 10 to 15 minutes. • Recheck blood glucose. • Repeat food if symptoms persor blood glucose is less than • Follow with a snack of carbohydrate and protein (e.g., cheese and crackers).	se gel sist	Per MIL Wait 10 Recheck Repeat f or blood Follow v carbohy	Moderate e assists. dent quick-sugar so LD guidelines. to 15 minutes. blood glucose. cood if symptoms per d glucose is less than with a snack of drate and protein (e	ersist 1	Pos Condia Ad pre Ca Con	Severe n't attempt to give anything mouth. sition on side, if possible. ntact school nurse or trained bettes personnel. minister glucagon, as escribed. II 911. ntact parents/guardian. y with student.	

OFFICE OF CATHOLIC SCHOOLS DOCESE OF CHARLESTON QUICK REFERENCE EMERGENCY PLAN

Part B of Diabetes Medical Management Plan HYPERGLYCEMIA

(High Blood Sugar)

Student Name		School		Teacher/grade	
• Too • Illne • Too • Infec	little insulin tion eased activity ss	• Over thours of	Onset ime—several r days		
Mild Thirst Frequent urination Fatigue/sleepiness Increased hunger Blurred vision Weight loss Stomach pains Flushing of skin Lack of concentration Sweet, fruity breath Other: Circle student's usual symptoms.	• Mild sympton • Dry mouth • Nausea • Stomach cran • Vomiting • Other: Circle student's u	mps	Sev • Mild and modera symptoms plus: • Labored breathin • Very weak • Confused • Unconscious Circle student's usual	ng	
 Allow free Encourage Contact the administer in If student i 	use of the bathroom. student to drink water or eschool nurse or trained asulin, per student's Diab s nauseous, vomiting, or for medical assistance if	diabetes personnel to betes Medical Manage lethargic, call the parent cannot be reac	ment Plan ne parents/guardian hed.	d is authorized by;	
Licensed Health Care Provider	Telephone	Date			
Parent	Telephone	Date			

Source: Helping the Student with Diabetes Succeed: A Guide for School Personnel